



## Request for Permission to Use MindRight Texting Service

MindRight, Inc., a Delaware public benefit not-for-profit corporation, has developed a new education technology service and has invited your child to use the service. The service is a text messaging service designed to help students build socioemotional awareness and stress management skills. Our goal is to connect youth with evidence-based practices to manage traumatic and chronic stress. Our team will also evaluate student engagement with our service and the impact of our service on student socioemotional development and behavior.

How it Works: When students sign up, they get matched to a team of coaches. Coaches are supervised volunteers who are screened, clear background checks, and complete 15 hours of training on supporting youth. Each day, a coach checks in with the student over text message. Coaches use MindRight's secure web application, not their own personal devices. In each check in coaching session, we walk students through texting conversations in relatable language that:

1. **Empathize** by asking users how they're feeling, giving them a space to express themselves anonymously and build emotional awareness
2. **Normalize** the impacts of trauma by providing relatable psychoeducation factoids on common responses to stress and trauma
3. **Stabilize** day-to-day stressors by teaching positive coping skills based in evidence-based practices such as cognitive behavioral therapy (CBT) and mindfulness

As described in our Terms of Service, <http://getmindright.org/terms-of-service/>, the information provided in these messages does not constitute clinical therapy or medical advice. The messages provide basic psychoeducation to support students in building positive coping skills. Your child's wireless phone carrier's standard text messaging rates apply to your child's receipt and sending of text messages.

As part of the provision of our service, we will collect personal information from your child, including but not limited to their name, phone number, and email address. Except where risk of harm to students is indicated and in the limited instances described in our Privacy Policy, <http://getmindright.org/our-privacy-policy/>, we do not share information that personally identifies our users with any person or organization for its own use.

STUDENT NAME \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

STUDENT CELL PHONE # (        ) \_\_\_\_\_



**CONSENT:** I am the parent or legal guardian of the above-named child (the “**Minor**”), and I am executing this Request for Permission on behalf of the Minor. I understand that MindRight has invited the Minor to participate in a pilot test of educational text messaging services designed by MindRight (the “**Services**”). I hereby permit the Minor to participate in the Services. On behalf of the Minor and his or her heirs, representatives, and assigns, I acknowledge that MindRight incurs no obligation to me or the Minor under any legal theory (whether confidentiality, right of publicity, right of privacy, defamation, false light, infringement of intellectual property rights, or otherwise) as a result of, and I hereby perpetually and irrevocably waive, release, and discharge any and all claims and causes of action against MindRight and its directors, officers, employees, and/or agents, with respect to the Minor’s participation in the Services. I have read and understand this Request for Permission and fully and unconditionally accept its terms and conditions.

PARENT/GUARDIAN

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

NAME \_\_\_\_\_ PHONE # (     ) \_\_\_\_\_